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Sarah Thomas, an American ultramarathon swimmer, has just completed a swim that no other human on the planet has ever accomplished. The 37-year-old from Colorado plunged into waters off the shore...

American Becomes 1st Person To

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Swim English Channel 4 ...

Once he had overcome the aching, agonizing cold of the water -- and while he continued to negotiate a tunnel cluttered with enormous stalactites -- Lewis Pugh was struck by the colors.

Lewis Pugh: How an open water swimmer braved freezing ...

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London (CNN) An American cancer survivor has become the first person to swim across the English Channel four times non-stop. Sarah Thomas, an open water marathon swimmer from Colorado, completed...

Cancer survivor becomes first person to swim English ...

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Sarah Thomas, a breast cancer survivor, has broken a world-record by swimming the English Channel four times non-stop, in just over 54 hours.

This swimmer just broke a world record - CNN Video

101 Movers and Shakers In Open Water Swimming - Female Edition. Left

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Sidebar. by Archive Team. 06 February 2012, 03:10pm ... Author of 7 open water swimming books after 2 English Channel swims ...

101 Movers and Shakers In Open Water Swimming - Female Edition

Open water swimming doesn't always have to include fighting waves and

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getting kicked by other competitors. For some vacationers, it's a means to island hop and see the world. Start to Finish: Owing the Open Water. The first five minutes of a triathlon can be chaotic. Learn how to manage this hectic time with a smooth entrance and proper pacing.

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Open Water Swimming Tips and Training | ACTIVE

Swimming the English Channel. Doug McConnell, with the help of his A Long Swim Team, became only the 48th person over age 50 to swim the English Channel, in 14 hours that were divided between heavy waves and pitch black darkness. Read more about Doug

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McConnell's English Channel Swim.

Welcome | A Long Swim

If you're new to open water, swimming alone or have some anxiety, there's a new device called the International Swimming Hall of Fame Safe Swimmer buoy. It's a lightweight inflatable bright orange buoy that floats behind you while

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swimming and can be used as a flotation device as needed.

Workouts for Open Water Swimming | TrainingPeaks

3x Olympic Swimmer ('04, '08, '12), 4x Olympic Medalist, and Co-Captain of the U.S. Olympic Swim Team Michigan, USA
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"MySwimPro is using technology to advance the sport of swimming and help swimmers all over the world achieve their goals in new and exciting ways.

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Open water swimming is a swimming discipline which takes place in outdoor

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bodies of water such as open oceans, lakes, and rivers. The beginning of the modern age of open water swimming is sometimes taken to be May 3, 1810, when Lord Byron swam several miles to cross the Hellespont from Europe to Asia. In the first edition of the modern Olympic Games in Athens in 1896, the swimming competition was held in open

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water. In 2000, the Olympic Games first included a triathlon with a 1500 m swim leg, an

Open water swimming - Wikipedia

Sarah Thomas (born 1982) is an American marathon swimmer.. On August 10, 2017 she swam 104.6 miles (168.3 km) in Lake Champlain, the first

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current-neutral open water swim of over 100 miles, and as of 2019 the world record for longest unassisted open-water swim. Her route was a loop starting and finishing at Rouses Point, New York at the north of the lake and swimming south to and around ...

Sarah Thomas (marathon swimmer)

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- **Wikipedia**

For The Win spoke with Olympic swimmer Ryan Murphy — who won three gold medals at the 2016 Rio Olympics in the 100-meter backstroke (and broke that world record), 200-meter backstroke and the 4 ...

Olympics: Swimmer Ryan Murphy

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shares creative training ...

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Amazon.com: swim goggles

As COVID-19 ebbs and resurges through a hot summer and a nerve-racking re-opening, swimming in public pools beckons as a simple balm. (New COVID-19 cases were up again this week in Ontario, Quebec, Alberta and B.C., mostly among 20- to 40year-olds, mostly owing to private indoor gatherings.)

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PressReader - The Globe and Mail (Ontario Edition): 2020 ...

Loren King is a professor at Wilfrid Laurier University, an open water swimmer, and an advocate for the Great Lakes. He has swum the Marilyn Bell route across Lake Ontario, and the English Channel. Loren grew up in

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Ancaster, a historic town in Hamilton, Ontario, near the western shores of Lake Ontario.

Open water swimmer profile: Loren King - Swim Guide

CAUTION — The appearance of this sinkhole in the yard of a home along Ponce de Leon Boulevard in DeLeon

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Springs took down a large tree, and may have caused an underground disturbance that muddied the waters of DeLeon Springs State Park down the street. Residents were being cautioned to keep their distance from this sinkhole and another that opened in a neighboring yard.

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Two sinkholes open in DeLeon Springs; swimming water turns ...

Pair your Garmin or Apple smartwatches for additional GPS functionality. FORM's AR-enhanced swim goggles received a free firmware update today introducing support for Garmin and Apple smartwatches, allowing wearers to track a wide range of metrics, such as their

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GPS location and heart rate, while swimming outdoors in open water.. FORM's smart goggles feature an AI system capable of ...

FORM's AR Swim Goggles Now Work In Open Waters - VRScout

CT Opening Inland State Parks For Swimming - Across Connecticut, CT -

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Eight state parks will reopen Saturday and two others will have previously closed areas opened.

CT Opening Inland State Parks For Swimming | Across ...

The legendary Vegas-based event will return to its physical format in 2022. With COVID-19 continuing to maintain its

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stranglehold on the United States, the Consumer Technology Agency today announced that the 2021 Consumer Electronics Showcase will be switching to a digital format as a result of the ongoing pandemic. Normally held in Las Vegas, Nevada, CES attracts a considerable amount of ...

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